## **COUNSELING CLINIC**



## Services Offered:

- Individual Therapy
- Group Therapies
- Family & Caregiver Support
  - Case Management
    - Consultations
  - Telehealth Services

## **Interdisciplinary Team:**

- Licensed Professional Counselors
  - Associate Counselors

Trauma Informed Care

- End of Life Counseling
- Grief & Loss
- Anxiety
- Depression
- Couples/Marital
- Family Therapy
- Addiction
- Anger Management
- Conflict Management
- Personality Disorders

**Consultations** 

- All Ages
- Personalized Therapy Plan
- Coordination of Health **Care Providers**
- Regular Check-Ins
- Private Entrance
- Help Accessing **Community Resources**
- Referrals to Specialists

**Evidenced** Based Approach

- Cognitive Behavioral
- EMDR
- + DBT
- CBT
- Motivational Interviewing
- Narrative Therapy
- Trauma Focused CBT

Front Desk: 623-977-8373 Direct: 623-300-4782

11301 N. 99th Avenue Peoria, AZ 85345

**ADMISSIONS:** 









Admissions@ImmanuelCares.com ImmanuelCares.com